

MEMBER ENGAGEMENT SUBCOMMITTEE NETWORKING TIPS

Missed our Networking Member Meetup? Here are some tips to help you make great connections. Thanks to our speakers **Eliza Spaulding**, **Michaela Lott**, and **Amber Kerr** for passing these along!

Emphasize genuine connections

- ✘ Be curious and learn as much as you can about the other person
- ✘ Identify a commonality you share
- ✘ Give a condensed version of your story and ask your colleague to share the same
- ✘ Be an active listener and remain present in the moment
- ✘ Center on reciprocity to make the meeting as much of an exchange as possible

Choose opportunities that suit your authentic self, or create your own

- ✘ Consider your meeting environment
 - Do you prefer a loud active space, or a quiet relaxed setting? Don't choose to meet in a noisy cocktail bar if you would be more comfortable in a quiet coffee shop
- ✘ Take advantage of small opportunities to connect
 - Dedicated meetings aren't the only effective strategy; make use of microenvironments such as a short interaction in between programs, a moment waiting in line for coffee, or a chat during that layover on the way home

Think broadly about networking and its benefits

- ✘ Networking is not just for younger colleagues, but a way to lift others up at any stage of your career

Sharing time is a great gift, be grateful for that experience!